



Online Activities for young people aged 13-19 years, or up to 25 with additional needs (some activities for younger people where stated). Each session will last approximately 30 minutes. You can apply for any session unless it states (closed).

**The UK's at home, but Essex Youth Service is Open!**

Monday 20 <sup>th</sup> April	Tuesday 21 <sup>st</sup> April	Wednesday 22 <sup>nd</sup> April	Thursday 23 <sup>rd</sup> April	Friday 24 <sup>th</sup> April
3pm Outhouse East consultation (closed)	3pm <b>Home Science</b> (age 13-19) – easy science experiments with things you will find round your home	2pm <b>Finding an Apprenticeship using the NAS site</b>	2pm <b>My CV and me</b>	2pm <b>Making applications in the digital age</b>
4pm <b>Smoothie Making</b>	4pm <b>Talk Disney</b> - share your love of all things Disney	2pm South Young Volunteers (closed)	4pm <b>Bake Biscuits with Emma</b>	3pm <b>Home Science</b> (age 7-11) – easy science experiments with things you will find round your home
5pm <b>Bingo!</b> (age 7-11)	4.30pm <b>Fitness &amp; street dance with Fusion Dance</b>	3pm <b>Bushcraft</b>	4pm Laughs at the Lodge (closed)	6pm <b>Bike maintenance</b>
5.30pm South Young Commissioners (closed)	5pm <b>Quiz: Working in the music business</b>	3.20pm YEA meeting (closed)	5pm <b>Quiz Night</b>	6.30pm Hermit Young Volunteers (closed)
6pm Simply the Best (closed)	6pm <b>Learn some magic tricks</b>	4pm <b>Top 10 Job Search Tips</b>	5.30pm <b>Stretch and lyrical dance with Fusion Dance</b>	7pm <b>Bingo!</b> (age 13-19)
7pm <b>DIY Lava Jar</b>	6.30pm Endeavour Youth Group (closed)	4pm South Gateway (closed)	6pm <b>Scavenger Hunt</b>	8pm <b>Film Club</b>
7pm Torchlight (fortnightly – closed)	7pm <b>Pamper masks</b>	5pm <b>The 7 Day Challenge</b>	6.30pm Basildon Youth Council (fortnightly) (closed)	
8pm <b>Agony Aunt</b> – any questions for Auntie Sue? Or help Sue come up with good solutions to relationship dilemmas	8pm <b>Other things to do online and useful websites</b>	5.30pm Rochford Youth Council (closed)	7pm <b>Live Chat: Share your ideas for keeping yourself well</b>	
		6pm <b>Art Zone</b>		
		7pm <b>Video gaming</b>		
		8pm <b>Catchphrase</b>		

**Note:** By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. video streaming and audio content. You have the option of turning off your camera and microphone if you wish.

**To book your place, please contact [youth.work@essex.gov.uk](mailto:youth.work@essex.gov.uk) with:**

- Full name and age
- Which club/project you usually attend and/or which professional told you about our programme of activities
- Name date and time of session/s you would like to attend.

Once you are booked on, you will receive an email with a link to your session.